

Lunch & Dinner

THE MAIN EVENT

Chef's Choice, ♥LF Choices

Steamtable choice of the day
(Daily @ Lunch)

8" Pizza , Freschetta

Individual cheese, supreme, or pepperoni

Stuffed ♥Baked Potato

Broccoli & Cheese or Bacon & Cheddar

♥Cottage Cheese Fruit Plate

Low-fat cottage cheese served
with fruit on a leaf of lettuce or kale



SANDWICHES

Pub Burger:

Beef, **♥ Garden , **♥Turkey

Juicy hamburger, garden or
turkey burger on white or wheat bun.
Cheese can be added.

Build you own

Your choice of:

♥turkey, ♥ham or ♥roast beef;
With American, Swiss, Cheddar, Provolone
Cheese, lettuce, tomato and onion;
white or whole grain bread

Hot subs

Meat and melted cheese piled high
on a white sub roll, your choice of

♥Ham & Cheese,
♥Turkey & Swiss,
♥Roast Beef & Cheddar,
♥Philly Steak & Swiss
Cheese of choice

Grilled ♥Chicken Sandwich

Boneless, skinless chicken breast
on a white or wheat bun.
Cheese can be added.

Breaded Chicken Breast

Seasoned Chicken served
on white bun or wheat bun

BLT on Whole Grain Bread

4 slices of Bacon on whole grain bread

Texas Grille Grilled Cheese

Your choice of American, Swiss, Cheddar or
Provolone cheese on Texas Toast.

Fish in a Minute

Fish served on a white or wheat bun

ON THE SIDE

Macaroni & Cheese

French Fries

♥Baked Potato

Comes with sour cream or margarine

3 Breadsticks with cheese

Cheese sauce

♥Pretzel, hot with cheese

Nachos

Tortilla chips with nacho cheese sauce



SAVORY SOUP & SALAD

Chicken Caesar Salad

Iceberg lettuce under grilled chicken,
croutons and Caesar dressing or
Served with crackers and **choice of dressing.

Signature Chef Salad

Iceberg lettuce topped with turkey,
ham, cheese, tomato, egg, and croutons.
Served with crackers and **choice of dressing.

♥Garden Salad

Bowl of lettuce topped with tomato.
Served with crackers and **choice of dressing.

Taco Salad

Lettuce topped with mexican meat,
tomato, onion, olives, tortilla chips,
shredded cheese, sour cream, taco sauce

Available Daily

Lunch & Dinner



**SAVORY
SOUP & SALAD**

Soup of the day

Your choice of soup of the day @ Lunch
Monday-Friday or
anytime chicken noodle, tomato,
Vegetable or cream of chicken.
Served with crackers.

♥ Fresh Vegetable Cup

Fresh cut vegetables with
choice of dressing

**Dressing choice:

- Cesar
- Honey French
- ♥ FF California French
- ♥ FF Italian Dressing
- ♥ FF Honey Mustard
- ♥ FF Ruby Red
- Regular Ranch
- Lite Buttermilk Ranch

Hard Boiled Egg

THE FINAL TOUCH

♥ Fresh fruit cup

Mixed fresh fruits or canned fruit

♥ Fresh fruit

Your choice of banana, orange,
apple or grapes

Ice cream cup/

♥ Sherbet/Frozen Yogurt

Vanilla, orange sherbet
or frozen yogurt

Novelty ice cream

Ice Cream Cookie sandwich
♥ popsicle or ♥ sorbet

Pies/cakes/desserts

Assorted

Fresh Baked cookies

Yogurt, ♥ FF or Low fat choice



BEVERAGES

Milk

- ♥ Skim, 2%, W hole, Chocolate,
- ♥ Silk

♥ Assorted Juice

Orange, Apple, Grape,
Cranberry, Prune
V - 8, Tomato, Pineapple

Beverages

Pepsi Products, Ice Tea

Bottled Fruit 2-0

Crystal Light Lemonade

♥ *Indicates a healthier choice*



Garden Café hours



Daily 11:00am ~ 6:30pm

Temporarily Closed 4:30pm – 5:30 pm

Complimentary Beverages

6:00am-6:30pm

Hot Tea, Coffee, Decaf Coffee

Selection may be made from:



- Chef's Choice Menu
- Daily at Lunch
- 11:00am – 1:00pm
- or
- Hot Menu Items made to order as you wait during all open hours
- Grab and Go select items

Thank you for your cooperation!

March 17, 2009